

Friday April 23rd

7:00am: Doors Open for Session 1 Wrestlers, Coaches, and Spectators ONLY

7:45am: Session 1 Begins: Championship Matches Only, No Consolation Matches

- Boys Freshman Division: 106lbs-HWT
- Boys Sophomore Division: 170lbs -HWT
- *As a wrestler's competition ends: parents, coaches, and wrestlers are asked to exit the building*

11:00am: Session 2 Begins Wrestlers, Coaches, and Spectators ONLY: Championship Matches Only, No Consolation Matches

- Boys Sophomore Division: 106lbs-160lbs
- *As a wrestler's competition ends: parents, coaches, and wrestlers are asked to exit the building*

2:15pm: Session 3 Begins Wrestlers, Coaches, and Spectators ONLY: Championship Matches Only, No Consolation Matches

- Boys Junior Division: 106lbs-160lbs
- *As a wrestler's competition ends: parents, coaches, and wrestlers are asked to exit the building*

5:30pm: Session 4 Begins Wrestlers, Coaches, and Spectators ONLY: Championship Matches Only, No Consolation Matches

- Boys Junior Division: 170lbs-HWT
- Boys Senior Division: 113lbs-HWT
- *As a wrestler's competition ends: parents, coaches, and wrestlers are asked to exit the building*

Saturday April 24th

7:00am: Doors Open for Session 1 Wrestlers, Coaches, and Spectators ONLY

7:45am: Session 1 Begins

- Boys Freshman Division: 106lbs-HWT
- Boys Sophomore Division: 170lbs -HWT
- *As a wrestler's competition ends: parents, coaches, and wrestlers are asked to exit the building*

11:00am: Session 2 Begins-Session 2 Wrestlers, Coaches, and Spectators ONLY

- Boys Sophomore Division: 106lbs-160lbs
- *As a wrestler's competition ends: parents, coaches, and wrestlers are asked to exit the building*

1:00-1:30pm Girls Division Early Weigh-Ins- Virginia Beach Convention Center Hall A

- Wrestlers and Coaches ONLY Permitted to Enter the Building
- No parents/spectators and there will be no tickets sales
- Girls Division Coaches can purchase your coaches pass at weigh-ins

1:30-2:00pm: Middle School Early Weigh-Ins- Virginia Beach Convention Center Hall A

- Wrestlers and Coaches ONLY Permitted to Enter the Building
- No parents/spectators and there will be no tickets sales
- Middle School Coaches can purchase your coaches pass at weigh-ins

2:15pm: Session 3 Begins- Session 2 Wrestlers, Coaches, and Spectators ONLY

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- Boys Junior Division: 106lbs-160lbs
- *As a wrestler's competition ends: parents, coaches, and wrestlers are asked to exit the building*

3:00-3:30pm Girls Division Weigh-Ins- Virginia Beach Convention Center Hall A

- Wrestlers and Coaches ONLY Permitted to Enter the Building
- No parents/spectators and there will be no tickets sales
- Girls Division Coaches can purchase your coaches pass at weigh-ins

3:30-4:00pm: Middle School Weigh-Ins- Virginia Beach Convention Center Hall A

- Wrestlers and Coaches ONLY Permitted to Enter the Building
- No parents/spectators and there will be no tickets sales
- Middle School Coaches can purchase your coaches pass at weigh-ins

5:30pm: Session 4 Begins - Session 2 Wrestlers, Coaches, and Spectators ONLY

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- *As a wrestler's competition ends: parents, coaches, and wrestlers are asked to exit the building*

Sunday April 25th

7:00am: Doors Open for High School All-Americans- Wrestlers, Coaches, and Spectators ONLY

7:45am: Session 1 Begins: **High School All-Americans**

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- *As a wrestler's competition ends: parents, coaches, and wrestlers are asked to exit the building*

10:30 am: Doors Open for Girls and Middle School - Wrestlers, Coaches, and Spectators ONLY

11:00am: Session 2 Begins: **Middle School and Girls High School**